

Healing Touch Research has been conducted in a wide variety of settings exploring issues such as:

- Stress reduction/relaxation response
- Cancer treatment and care
- Cardio-vascular disease
- Death and dying
- Endocrine/Immune function
- Pain reduction and management
- Patient satisfaction and experience
- Post operative recovery
- Counseling/Psychotherapy
- Wellness and prevention
- Spiritual/Personal growth

Studies support Healing Touch as an integrative therapy. Surveys indicate that patients evaluate it highly. Research has been supported and/or funded by hospitals, universities, colleges, professional organizations, private foundations, and the National Institutes of Health: National Center for Complementary and Alternative Medicine (NCCAM).

Healing Touch is accepted, validated and utilized in hospitals, hospice, long term care, integrative health centers, private practices, and clinics.*



What are the Benefits of Healing Touch?

Research suggests that Healing Touch greatly benefits those who receive it.

Healing Touch:

- Reduces pain
- Reduces anxiety
- Relieves stress and depression
- Provides support during chemotherapy
- Strengthens the immune system
- Creates a sense of well-being
- Reduces effects of trauma and chronic pain
- Enhances recovery from surgery
- Deepens spiritual connection
- Supports the dying process

* For more information on HT research go to:
www.HealingTouchResearch.com

Healing Touch can gently but significantly impact your life.